



Most Needed Food Items

- Canned Chicken & Tuna
- Dry & Canned Beans
- Cereal & Rice
- Nuts & Seeds
- Peanut Butter
- Canned Soup
- Canned & Dried Fruit
- Canned Vegetables
- Powdered Milk
- Infant Formula

Nutritional Choices

- Tuna in Water
- Low-Sodium Canned Beans
- Low-Sugar Whole Grain Cereal
- Brown & Wild Rice
- Unsalted Almonds
- Low-Sodium & Low-Fat Canned Soup
- Flax Seeds
- No Sugar Added Peanut Butter
- Canned Fruit in Water or Juice
- Low-Sodium & No Salt Added Canned Vegetables
- Low-Fat & Nonfat Powdered Milk

We are unable to accept:
Glass jars or homemade food products